



### God loves you



#### Genesis 1-3 tells us...

we're physical beings we're vocational beings we are to be stewards we're relational beings we're emotional beings



"In this ideal state, man and woman view their person and sexuality with wholeness and thus feel no shame in their nakedness."

Bruce K. Waltke Genesis: A Commentary



"One of the wonderful things to me about the bible is that, there really are no heroes. They're all full of people like us, doing stupid things, and they're still in the story. Nobody gets ejected."

Eugene Peterson – ReFrame

# WELLBEING FINDING WHOLENESS AS CHILDREN OF GOD





## Sunday Series

Being stewards

Relational beings

Physical beings

**Emotional beings** 

Vocational beings

Stories & Testimonies



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- That we might know who we are as Children of God and move towards wholeness in God.





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- For revelation of: God's love for us; that 'it's ok not to be ok'; and the love of the church.
- That we might know who we are as Children of God and move towards wholeness in God.
- That we might discover some practical things that help improve our overall wellbeing.
- That we, the church, might be a beacon of light and a safe place for all.



#### Practical suggestions

- Ask God if there are any areas in your life that you need to give some attention to.
- Consider and pray if you should be doing The Wellbeing Course or the STEPS course.
- Pray for us as a community as we explore wellbeing and what it means for ourselves and our communities.
- Talk with a trusted friend if you're struggling.



#### Godsta over borgan k



"The LORD bless you and keep you; the LORD make his face shine on you and be gracious to you; the LORD turn his face toward you and give you peace."

Numbers 6:24-26